

California Golden Bears

2020 All-Comers Track & Field Meet Info

- Date:** Saturday, February 22nd
- Divisions:** Junior High, High School, Open, Masters, male and female athletes
All participants must be 13 years of age or older to participate.
- Rules:** Meet will be conducted under NCAA & high school rules.
- Entry Fee:** **\$15 for one event, \$20 for 2 events. *Spectators are free.*** This fee is for entry into the meet. It is not a participation fee. No refunds. ***All current University of California Berkeley students are free with a current school ID.***
- Registration:** 7:30am to **1pm ONLY**. Registration closes promptly at 1pm.
- Medical:** Please note that there will be no medical staff on the track during the meet. Participants are responsible for their own medical supplies. You are competing at your own risk.
- Waivers:** **All participants must sign Waiver of Liability, Assumption of Risk, and Indemnity Agreement. Parents must sign waivers for minors! No exceptions!** Forms are online at Calbears.com on the Track & Field page under "Links."
- Field Events:** Throws: Weigh-ins are 7am to 1pm ONLY. ***Discus & weight throw will be contested only as light allows as per safety ruling by meet management. Cal, as a matter of liability policy, does not provide implements. Please bring your own.*** Jumps: LJs and TJs will have open pits – All jumps must be contested within the open pit windows.
- Facility:** In August 2012, the eight-lane track at George C. Edwards Stadium was resurfaced with Beynon BSS 2000 Hobart. **Spikes must be under 9mm. Needle spikes NOT allowed.**
- Field Access:** Only participating athletes, Cal staff and meet administration allowed on the field besides pole vault coaches. All other coaches & fans/friends/family are asked to remain on the outside of the track/in the stands.
- Questions:** chasdavis@berkeley.edu. In case of inclement weather, check twitter @Cal_Track for meet status updates.
- Results:** Posted at the conclusion of each event at www.recordtiming.com

Cal All-Comers
2.22.20 Time Schedule & Order of Events

Field Events

Male division, open to youngest competed first; female division, open to youngest follows

Four attempts per athlete in the vertical jumps & throws

8am	Hammer
9am	Pole Vault: 2 mixed gender flights separated by opening heights of 7' & 10'
10am	High Jump
10am	Shot Put
10:30 am – 1pm	Open Long Jump
11am	Javelin
	Discus to follow
1:30 – 3:30	Triple Jump
2pm	Weight Throw

TRACK EVENTS

Male division, open to youngest competed first; female division, open to youngest follows

10:30am Start of rolling schedule

1 Mile Race Walk

4x100m Relay

1500m

60mHH

400m

60m

800m

300mIH

200m

3000m

4x400m Relay

